

FOR IMMEDIATE RELEASE:

FOR MORE INFORMATION CONTACT:

Rick Parlante

(239) 595-5950

info@NaplesJujitsu.com

Gulf Coast Niseido Ju Jitsu Academy Now at Velocity Sports & Fitness State-of-the-Art Fitness Facility is the Ideal Site for Self-Defense School

NAPLES, Florida – February 4

The Gulf Coast Niseido® Ju Jitsu Academy started off the new year in a new location. Formerly located at the Fleischmann Center, the self-defense school has a new home now – within the state-of-the-art Velocity Sports & Fitness facility at 11965 Collier Blvd. #12 in Naples.

Senior Instructor and 2nd Degree Black Belt Rick Parlante arranged the move at the end of last year. “We’d just outgrown Fleischmann in more ways than one,” said Sensei Rick. “It was time for us to take the school to a new level and Velocity opened its doors to us. It’s the perfect environment for our students to be motivated and inspired to achieve.”

The instructors and students of the Gulf Coast Niseido® Ju Jitsu Academy are thrilled to be training next to some of the country’s top athletes and teams at Velocity. “It’s the perfect environment to study martial arts. We’re surrounded by the best of the best in athletics, in an atmosphere of physical fitness, and healthy competition. That is incredibly motivating for our students as well as for our instructors,” said Rick.

Niseido® Ju Jitsu is a 100% full defensive martial art. Unlike many other styles of martial arts, Niseido® Ju Jitsu continually strives to live up to the seven principles of the Code of Bushido: Humility, Truthfulness, Bravery, Benevolence, Compassion, Sincerity, Loyalty and Devotion to God, our country, families, friends, and to every aspect of life.

Students of Niseido® Ju Jitsu learn to defend themselves against hand and grab attacks, as well as attacks with weapons such as clubs and knives. The training is designed not only to build physical strength but to teach techniques for using leverage, momentum and inertia to

your advantage in any given situation. The discipline is ideal for building self-esteem and self-confidence. Students range in age from six years old to sixty years old.

Velocity Sports & Fitness offers training programs for everyone regardless of age, gender, skill level or athletic or fitness goals. Core programs at Velocity are designed for youth, middle school, high school, and elite athletes, as well as adults and teams.

For more information or to interview Sensei Rick Parlante, please call him at (239) 595-5950 or email him at info@NaplesJujitsu.com. More information can also be found online at www.NaplesJujitsu.com.

#